

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lize van der Merwe

Has successfully participated & completed the

5km Prestige Trail Run Series #3 - Prison Break

held at Asidlale Adventure Park.

TIME 00:53:14

PACE 10:37/km

OVERALL 65 of 119

GENDER 35 of 71

OPEN 20 of 36

30 July 2023, Sun

Date



